

Building Financial Resilience

How to weave your financial security net

Budget



- ✓ Do a budget
- ✓ Build up a buffer

Government Support



- ✓ Check your eligibility

Grocery Aid



- ✓ Industry specific support

Charities



- ✓ Talk to charities and trade unions

Utilities



- ✓ Your utility suppliers can help

Savings Boosts



- ✓ Take advantage of savings boosts

Students



- ✓ Search for support with education

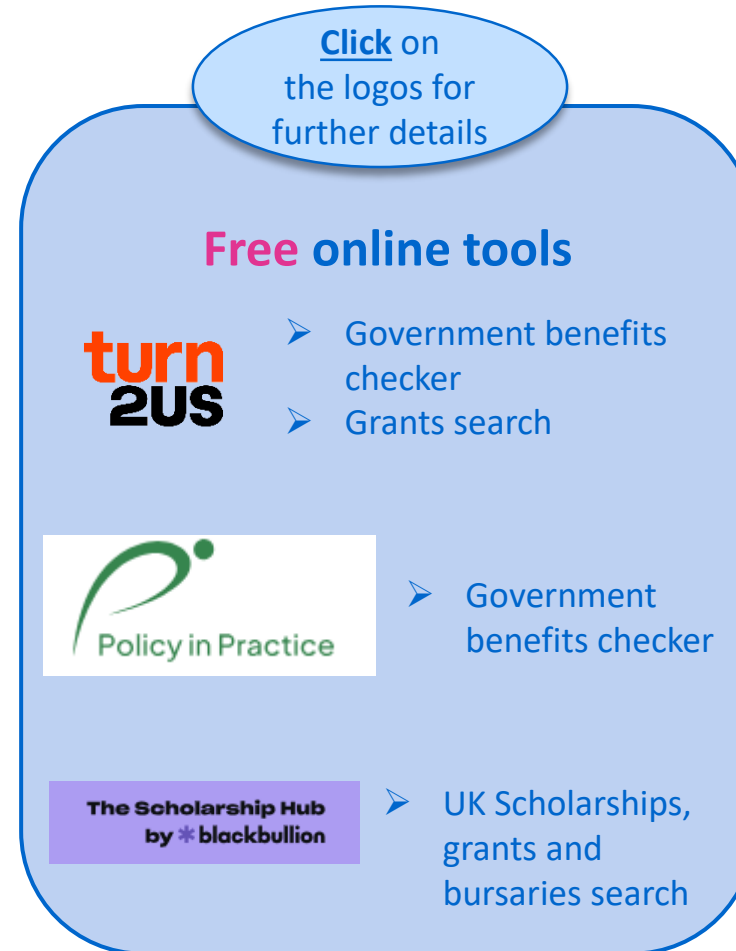
Debt



- ✓ Boost your credit score

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MoneySavingExpert
"No debt problems are unsolvable"

